



...where you and your parents can take a step to course correct  
a potential substance abuse problem.

Dear Parents, Students & Community Member:

Hi my name is Altramece Williams-Staats (Mece) and I'm here to help you, your friend or anyone who might need a path to follow other than one leading to a serious substance abuse problem. I understand that boredom, peer pressure, and busy, overwhelmed parents can trigger the walk down an abuse path and I have some steps that you can take to avoid this dangerous path and hopefully lead to a safer path.

I am a Licensed Social Worker, hired by the Kent County Health Department to provide Adolescent Substance Abuse Counseling in the schools. I provide help for adolescents who may already have a serious problem with substances or may just be starting to experiment. I will provide guidance necessary to help someone make a responsible choice about using substances. My role is to assess appropriateness for treatment, evaluate and determine the correct level of treatment as well as provide individual and group counseling sessions. All sessions are confidential.

If you would like to make a referral for service, you can contact the school guidance counselor, visit <http://www.asafepath.org/> or email [info@asafepath.org](mailto:info@asafepath.org) for a referral form.

Thank you for your consideration to support the stability of your family, your own healthy path to adulthood, the care of a friend and to taking a potential step to insuring the vitality of our schools and the broader community.

Yours Truly,

***Altramece Williams-Staats (Mece)***

Altramece Williams-Staats, LGSW

Adolescent Substance Abuse Counselor

*note:* all services are free and will be provided in the High School, (3) Middle Schools and the Alternative School. Schedule (subject to change) Monday: AM-Rock Hall Middle School, PM-Alternative School; Tuesday & Wednesday: Kent County High School; Thursday: AM-Chestertown Middle School, PM-Galena Middle School; Friday: Kent County Health Department/Kent County Behavioral Health.

To meet Mece and to learn more about our in-school counseling and mental health services:  
[asafepath.org](http://asafepath.org) [info@asafepath.org](mailto:info@asafepath.org) 410-708-5461

**it's safe.**